Progetto PON METRO 14 - 20, funded by the ESF as part of the EU response to the COVID-19 pandemic.





# teatro arcobaleno

# school year 2022/2023

80 free workshops on movement and dance in 13 schools for about 500 students, teachers and families

teatroarcobaleno.net



## **Free workshops**

For the 2022/2023 school year, Teatro Arcobaleno partners will offer schools and institutes a series of free workshops on movement and dance, designed and conducted by six young and established choreographers:

Marco D'Agostin Nicola Galli Lara Guidetti Camilla Monga Daniele Ninarello e Mariella Popolla Stefania Tansini

The workshops have been developed by artists together with project partners and cultural, educational and social professionals who work with children and teenagers.

The modules and duration of each workshop vary and are devised specifically for different age groups, from 4 to 18 yearolds, and in some cases for their teaching staff as well.

The schedule of the workshops, as well as the venues and the necessary equipment, will be co-designed and defined together by teachers, schools, artists and Teatro Arcobaleno partner organizations.

## **Goals of the workshops**

The goal of the workshops is to promote free self-expression, dialogue between differences, the construction of positive group dynamics, so as to provide examples of people that can happily coexist, which can also be useful to counter possible dynamics of isolation and bullying.

Working with movement and dance allows you to put your body back to the centre as the preferred tool we create meaningful relationships with, both with other people and the space.

The interchange that takes place in person while moving stimulates our natural need of being in relation, that now we feel is even more necessary after the long period of isolation during the pandemic lockdown.

Lastly, dance is an experience accessible to everyone and that all of us practice in our lives, but that unfortunately still suffers from a strong gender bias, which sees it as an expressive practice reserved mainly for women.

The workshops for the 2022/2023 school year are: Progetto PON METRO 14 - 20, funded by the ESF as part of the EU response to the COVID-19 pandemic.

## What is Teatro Arcobaleno

Teatro Arcobaleno is a training program on gender identity and sexual orientation, specifically aimed at children, teenagers, teachers, educational professionals, social workers and university students.

The goal is to invite new generations – and those who guide them in their education – to welcome the many differences which society is composed of, considering them as a positive value in terms of human, social and cultural wealth.

It is a long-standing project of cultural welfare, now in its 9th edition, promoting a dialogue among the educational and training system, the artistic expression, and society, in an original and effective way.

## A network project

Teatro Arcobaleno is a network project that has been ongoing in the metropolitan area of Bologna and in the Emilia-Romagna region for eight years, and is carried out by eight partners who have signed a three-year memorandum of understanding – the second in their common history – which will expire in July 2024.

The partners are:

GENDER BENDER • IL CASSERO LGBTI+ CENTER ERT / TEATRO NAZIONALE ATER FONDAZIONE • TEATRO LAURA BETTI DI CASALECCHIO DI RENO TEATRO DELL'ARGINE • ITC TEATRO LA BARACCA • TEATRO TESTONI RAGAZZI CSGE • UNIVERSITÀ DEGLI STUDI DI BOLOGNA ASC INSIEME • COMUNE DI CASALECCHIO DI RENO

#### **THE SUPPORTERS**

Teatro Arcobaleno is supported by:

REGIONE EMILIA-ROMAGNA • ASSESSORATO PARI OPPORTUNITÀ COMUNE DI BOLOGNA • SETTORE CULTURA FONDAZIONE DEL MONTE DI BOLOGNA E RAVENNA

#### For info

teatroarcobaleno.net infoteatroarcobaleno@gmail.com

# **Calendar of Teatro Arcobaleno workshops**

#### SCHOOL YEAR 2022/2023

The workshops are held in 13 schools all over the Emilia-Romagna region, for a total of 80 meetings with around 500 students, teachers, and families.

#### NICOLA GALLI Giardino motorio

AGE GROUP OF PARTICIPANTS: **4-5 YEAR OLDS** 

#### Nursery school Marighetto | Bologna

FRIDAY 18<sup>TH</sup> NOVEMBER 2022 (MEETING WITH TEACHERS)TUESDAY 22<sup>ND</sup> NOVEMBER 2022TUESDAY 29<sup>TH</sup> NOVEMBER 2022TUESDAY 6<sup>TH</sup> DECEMBER 2022TUESDAY 13<sup>TH</sup> DECEMBER 2022TUESDAY 20<sup>TH</sup> DECEMBER 2022

#### Nursery school | Rastignano (Pianoro)

MONDAY 16<sup>TH</sup> JANUARY 2023 (MEETING WITH TEACHERS) TUESDAY 17<sup>TH</sup> JANUARY 2023 TUESDAY 24<sup>TH</sup> JANUARY 2023 TUESDAY 31<sup>ST</sup> JANUARY 2023 TUESDAY 7<sup>TH</sup> FEBRUARY 2023 TUESDAY 14<sup>TH</sup> FEBRUARY 2023 TUESDAY 14<sup>TH</sup> FEBRUARY 2023 TUESDAY 14<sup>TH</sup> FEBRUARY 2023 (CHILDREN AND FAMILIES)

#### Marco D'Agostin **STARS**

AGE GROUP OF PARTICIPANTS: 8-10 year olds, 11-13 year olds 
 Primary school M. Ventre I.C. 1 | San Lazzaro di Savena

 MONDAY 17<sup>TH</sup> APRIL 2023

 THURSDAY 20<sup>TH</sup> APRIL 2023

 THURSDAY 27<sup>TH</sup> APRIL 2023

**Primary school M. Ventre I.C. 1 | San Lazzaro di Savena** TUESDAY 18<sup>TH</sup> APRIL 2023 FRIDAY 21<sup>ST</sup> APRIL 2023 THURSDAY 27<sup>TH</sup> APRIL 2023 Secondary school I.C. 3 Lame | Bologna

WEDNESDAY 8<sup>TH</sup> MARCH 2023 WEDNESDAY 19<sup>TH</sup> APRIL 2023 WEDNESDAY 17<sup>ND</sup> MAY 2023

#### Secondary school I.C. 3 Lame | Bologna

WEDNESDAY 8<sup>TH</sup> MARCH 2023 WEDNESDAY 19<sup>TH</sup> APRIL 2023 WEDNESDAY 17<sup>ND</sup> MAY 2023

#### LARA GUIDETTI Guardami meglio

AGE GROUP OF PARTICIPANTS: **14-18 YEAR OLDS** 

#### Artistic High School of Forlì | Cesena

WEDNESDAY 7<sup>TH</sup> DECEMBER 2022 FRIDAY 20<sup>TH</sup> JANUARY 2023 FRIDAY 17<sup>TH</sup> FEBRUARY 2023 WEDNESDAY 22<sup>ND</sup> MARCH 2023

#### Professional High School Aldrovandi Rubbiani | Bologna

MONDAY 13<sup>TH</sup> FEBRUARY 2023 MONDAY 27<sup>TH</sup> FEBRUARY 2023 MONDAY 13<sup>TH</sup> MARCH 2023 MONDAY 27<sup>TH</sup> MARCH 2023

#### Stefania Tansini **Fatti vivo**

AGE GROUP OF PARTICIPANTS: **14-18 YEAR OLDS** 

Extracurricular workshop	Granarolo dell'Emilia
TUESDAY 28 <sup>TH</sup> MARCH 2023	
TUESDAY 4 <sup>TH</sup> APRIL 2023	
TUESDAY 11 <sup>TH</sup> APRIL 2023	

#### Secondary school | Molinella

• •
WEDNESDAY 29 <sup>TH</sup> MARCH 2023
MONDAY 3 <sup>RD</sup> APRIL 2023
WEDNESDAY 12 <sup>™</sup> APRIL 2023

#### Hospitality Training Institute IPSAR L. Veronelli | Crespellano (Valsamoggia)

TUESDAY 14 <sup>TH</sup> MARCH 2023
WEDNESDAY 15 <sup>TH</sup> MARCH 2023
TUESDAY 28 <sup>™</sup> MARCH 2023
WEDNESDAY 29 <sup>TH</sup> MARCH 2023
MONDAY 3 <sup>RD</sup> APRIL 2023
TUESDAY 4 <sup>TH</sup> APRIL 2023

#### CAMILLA MONGA Gonna be

AGE GROUP OF PARTICIPANTS: 8-11 YEAR OLDS

#### Primary school B. Ciari | Casalecchio di Reno

TUESDAY 28 <sup>TH</sup> FEBRUARY 2023
TUESDAY 7 <sup>TH</sup> MARCH 2023
TUESDAY 14 <sup>TH</sup> MARCH 2023
TUESDAY 21 <sup>st</sup> MARCH 2023
TUESDAY 28 <sup>TH</sup> MARCH 2023
TUESDAY 4 <sup>TH</sup> APRIL 2023
WEDNESDAY 12 <sup>TH</sup> APRIL 2023
TUESDAY 18 <sup>TH</sup> APRIL 2023

#### Primary school G. Carducci | Casalecchio di Reno

TUESDAY 28 <sup>TH</sup> FEBRUARY 2023
TUESDAY 7 <sup>TH</sup> MARCH 2023
MONDAY 13 <sup>TH</sup> MARCH 2023
MONDAY 20 <sup>TH</sup> MARCH 2023
MONDAY 27 <sup>TH</sup> MARCH 2023
TUESDAY 4 <sup>TH</sup> APRIL 2023
WEDNESDAY 12 <sup>TH</sup> APRIL 2023
MONDAY 17 <sup>TH</sup> APRIL 2023

DANIELE NINARELLO E MARIELLA POPOLLA NOBODY NOBODY NOBODY it's ok not to be ok (Collective Experience)

#### Hospitality Training Institute IPSAR L. Veronelli | Casalecchio di Reno

THURSDAY 2 <sup>ND</sup> FEBRUARY 2023
MONDAY 20 <sup>TH</sup> FEBRUARY 2023
THURSDAY 23 <sup>RD</sup> FEBRUARY 2023
WEDNESDAY 27 <sup>TH</sup> MARCH 2023
WEDNESDAY 29 <sup>TH</sup> MARCH 2023
MONDAY 3 <sup>RD</sup> APRIL 2023

#### Secondary school F. Malaguti | Crespellano (Valsamoggia)

WEDNESDAY 1 <sup>st</sup> FEBRUARY 2023
MONDAY 20 <sup>TH</sup> FEBRUARY 2023
WEDNESDAY 22 <sup>ND</sup> FEBRUARY 2023
WEDNESDAY 29 <sup>TH</sup> MARCH 2023
TUESDAY 4 <sup>TH</sup> APRIL 2023
WEDNESDAY 5 <sup>TH</sup> APRIL 2023

AGE GROUP OF PARTICIPANTS: **14-18 YEAR OLDS** 

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The workshop deals with the theme of the body as an opportunity to be in touch with our being in the moment, with what there is. Our lives pull us inside a complex system, and sometimes we involve ourselves in situations that we feel do not belong to us. How can we act? What can we do?

The proposed practices will create situations which bring to the surface many issues related to being and doing, that will serve as a common ground in which we will try to share new points of view, new perspectives to face reality, where everyone can find their own personal space.

The tools that we are going to use are sensitivity, down-to-earthness, and perception of reality. It is a path in which attention is focused on what my actions generate, both in myself and others, and to the environment.



#### AGE GROUP OF PARTICIPANTS: 14-18 YEAR OLDS WORKSHOP MODULE: 6 MEETINGS OF 1 HOUR AND A HALF EACH

**Stefania Tansini** graduated at Paolo Grassi Academy in Milan. As an author she follows a path centred in the body and the movement, both conceived as an opportunity to get in touch with being in the moment, with what there is. She situates the body in an existential dimension that she crystallizes through choreographic projects. At he same time, she has worked and works with many artists such as, among others, Romeo Castellucci and Cindy Van Acker, Simona Bertozzi, Enzo Cosimi, and Motus. In 2022 she won the Premio Ubu as best performer under 35.

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# NICOLA GALLI Giardino motorio



*Giardino motorio* is a workshop on movement inspired by the notion of the garden as a place of care and growth, that places the body at the centre as the primary tool for exploring our expressive and communicative potential.

Following a methodology that alternates action, creation and observation, the workshop proposes playful movement practices in which participants are guided in the exploration of their physical boundaries, of space and relationship with others, aiming at discovering perceptions, sensations and emotions through movement.

The last meeting of the series will be dedicated to children and adults: a time devoted to the discovery and exploration of playful proposals and experiences that stimulate new ways of equal relationship, in which all bodies share the pleasure of moving.

#### AGE GROUP OF PARTICIPANTS: 4-5 YEAR OLDS

WORKSHOP MODULE: 5 MEETINGS OF 1 HOUR EACH

The module also includes two additional meetings of 1 hour each:

- a preparatory one to present the activities to teachers and share methodology and goals with respect to the class group;
- a subsequent one dedicated to the group of children and their families.

**Nicola Galli** investigates the body with a research that ranges from choreography to performance, from art installation to graphicvisual conception. He also conducts training courses dedicated to children, teenagers and adults. His artistic research is oriented to the exploration of movement as a hybrid panorama of knowledge.



STARS is a workshop for children and teenagers that encourages them to reclaim their physicality in a joyful and rebellious way, by deconstructing the imaginary of the show business star. Each entertainment "star" shines at the beginning of each meeting, but then it is dismantled and recomposed by the physical and emotional experience of the participants. Through a series of exercises, the main characteristics of each star (how they move, use their voice, their attitude and choreographic sequences) encourage the bodies to consider themselves from a different point of view, mixing genders, clichés, registers, exaggerations and simplifications; it is a path that leads the group to turn everything upside down in a way for their skills and characteristics to shine.



AGE GROUP OF PARTICIPANTS: 8-10 YEAR OLDS, 11-13 YEAR OLDS WORKSHOP MODULE: 3 MEETINGS OF 1 HOUR AND A HALF EACH

*Marco D'Agostin* is an artist active in the field of dance and performance. His works persistently question the themes of memory and entertainment. They have been touring since 2010 in the main European festivals and theatres (Théâtre de la Ville in Paris, The Place Theatre in London, Kampnagel in Hamburg, Santarcangelo, Romaeuropa, VIE, Torinodanza) and have received numerous awards (UBU Prize, BEFestival, (Re)connaissance). GO TO THE INDEX



# lara Guidetti **Guardami** meglio

Identity is not fixed but is ever moving and ever changing, and as a prism is composed of many faces and many possible versions. The physical practice of listening and of individual, choral and spatial bodily awareness will be the premises for each meeting. Starting from the creation of "unconscious self-portraits" made with the eyes closed, the image that will emerge will then be shared and made available to the group so that it detaches itself from its creator and can be freely interpreted by others.

The workshop is the same for adults and teenagers, but in separate times and spaces, so that the work environment can be intimate, to protect everyone's dynamics, and free from roles.



#### AGE GROUP OF PARTICIPANTS: 14-18 YEAR OLDS

WORKSHOP MODULE:

6 MEETINGS OF 2 HOURS EACH, COMPOSED AS FOLLOWS:

**4 MEETINGS WITH THE CLASS** 

**2** MEETINGS WITH THE TEACHING STAFF

**Lara Guidetti** graduated as a dancer and choreographer at the Paolo Grassi School in Milan, studying with great national and international masters. In 2006, she founded the company Sanpapié, as its artistic director, choreographer and interpreter of over 30 works and more than 40 performances presented throughout Italy, Europe, China and Saudi Arabia.





*Gonna be* is a musical and choreographic work for children conceived as a transition from a dreamlike to a real dimension, in which are manifested the effects that music and dance produce on the emotional sphere.

Each participant faces the discovery of their body and voice as a preparation for a new journey, whose destination is fantasized upon and where everyone wishes for a near and far future. The theatre becomes the space for pause, to take one breath, but also the real and concrete place in which children manifest themselves through the relationship with music, the feelings it evokes and the effects it produces.

The project is developed musically by Federica Furlani, who will create a choral score combining the thoughts expressed by children in a sound dramaturgy.



AGE GROUP OF PARTICIPANTS: 8-11 YEAR OLDS WORKSHOP MODULE: 8 MEETINGS OF 1 HOUR AND A HALF EACH

**Camilla Monga**, choreographer graduated from the Brera Academy and Civica Paolo Grassi in Milan, presented her projects in different international venues.

She creates projects for children for Muoviti - Muoviti at Palazzo Grassi in Venice, Centrale Fies, B.Motion Danza, Centro di produzione nazionale per la danza of Virgilio Sieni.

# DANIELE NINARELLO E MARIELLA POPOLLA Nobody nobod nobody

it's ok not to be ok (Collective Experience)

@ PIC BY A.

#### Workshop for students

The workshop with the students will be articulated in debates, listening moments, movement and choreographic practices, both designed and developed around the theme of violence and the culture of abuse. Through group debates and reflections, with particular attention to anger and protest, the participants will be guided in the creation of physical material that will let them experience the sensations and emotions generated by each theme, both collectively and individually. The research will work to establish a collective archive, a series of movements, actions and gestures, that will be subsequently organized in choral form but also experienced in solo, to continue exploring the concepts of, on the one hand, isolation, abandonment, vulnerability, and, on the other, alliance, reciprocity and care.



AGE GROUP OF PARTICIPANTS: 14-18 YEAR OLDS WORKSHOP MODULE: 6 MEETINGS OF 3 HOURS EACH

**Daniele Ninarello** trained at the Rotterdam Dance Academy and danced with internationally renowned choreographers such as Bruno Listopad, Virgilio Sieni and Sidi Larbi Cherkaoui. His works are presented in the most important Italian and international festivals. It is supported by Lavanderia a Vapore and by Festival OrienteOccidente.

*Mariella Popolla* is contract professor of Sociology of Labour at the University of Genoa. She educates on issues related to gender, sexuality, violence, homo-bi-lesbo-transphobic bullying for numerous organizations and groups.

# DANIELE NINARELLO E MARIELLA POPOLLA Nobody nobody nobody it's ok not to be ok (Collective Experience)

#### Workshop for teachers

The group will be guided in a process of re-discovery and deconstruction of postures, movements, knowledge and abuses on the body and, at the same time, in the attempt to develop tools for reading society outside the culture of violence and exclusion. Starting from specific activities, participants will be asked to express themselves on some issues, so that they can bare their thoughts in a protected space, and won't choose socially acceptable reactions and opinions.

The objective is to lead the group to translate on, in, with the body the exchange that will take place during the debates, leaving room for conflict, protest, pain or liberation.

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AGE GROUP OF PARTICIPANTS: TEACHERS, AUXILIARY, TECHNICAL AND **ADMINISTRATIVE STAFF** 

OrienteOccidente.

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Bruno Listopad, Virgilio Sieni and Sidi Larbi Cherkaoui. His works

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WORKSHOP MODULE: 3 MEETINGS OF 3 HOURS EACH

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#### Supported by









#### INFO

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